

UNIT CODE	CHCPAL004
UNIT TITLE	Plan for care services using a palliative approach
APPLICATION	<p>This unit describes the performance outcomes, skills and knowledge required to contribute to the development, implementation, evaluation and communication of a care plan for people with life-limiting illness and those within the normal ageing process in a team environment using a palliative approach.</p> <p>This unit applies to workers in a residential or community context. Work performed requires some discretion and judgement and is carried out under regular direct or indirect supervision.</p> <p>The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian standards and industry codes of practice.</p> <p>No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.</p>
PREREQUISITE UNIT	Nil
COMPETENCY FIELD	Nil
UNIT SECTOR	Nil

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Plan a palliative approach to individual care.	<p>1.1 Assist with care planning using a palliative, holistic approach to maximise the person's quality of life and comfort.</p> <p>1.2 Identify immediate and future care requirements based on the condition or illness of the person.</p> <p>1.3 Ensure planning includes involving and supporting the person, carer, family and others involved in the person's care.</p> <p>1.4 Ensure care plan holistically addresses the person's needs that extend over time not only end-of-life.</p>

<p>2. Support people to identify their preferences for quality of life choices.</p>	<p>2.1 Consult the person, carer, family and others to identify and share information regarding current and changing needs and preferences, 2.2 Respect and account for the person's lifestyle, social, cultural and spiritual choices and needs in developing the care plan. 2.3 Ensure the planning process supports the freedom of the person, carer, family and others to discuss spiritual and cultural issues in an open and non-judgemental way. 2.4 Demonstrate respect for the roles of the person and carer in planning, delivering care and decision making. 2.5 Address any issues that are outside scope of own job role by referring them to the appropriate member of the care team according to organisational policies and procedures. 2.6 Communicate with the person, carer, family and others in a manner that shows empathy and provides emotional support.</p>
<p>3. Assist with advanced care planning.</p>	<p>3.1 Enable effective advance care directive completion within scope of own job role through encouraging communication between the person, carer, family, health professionals and others regarding what quality of life means to the person. 3.2 Assist with discussions regarding documentation of advance care directives according to the person's preferences and organisational policies and procedures. 3.3 Ensure all advance care directives are communicated and understood by relevant parties in accordance with confidentiality requirements. 3.4 Actively support the ethical end-of-life decisions agreed by the person and carer, in line with organisational policies and procedures and care plan directives. 3.5 Assist with identifying the person's ongoing decisions, preferences, needs and issues in relation to end-of-life and document in the care plan in consultation with supervisor or care team member.</p>
<p>4. Plan care considering pain and other end-of-life symptoms.</p>	<p>4.1 Plan and document in care plan strategies to maximise comfort in collaboration with supervisor or health professional. 4.2 Provide appropriate information about the use of pain-relieving medication and other treatments to the person, carer, family, colleagues and others, in consultation with supervisor or health professional. 4.3 Observe, report and document effectiveness of interventions for pain and symptom relief. 4.4 Communicate ineffective interventions to supervisor or health professional and document according to organisational policies and procedures.</p>
<p>5. Contribute to the development of end-of-life care strategies.</p>	<p>5.1 Ensure that decisions made by the person, carer, family and others are reviewed regularly, communicated to staff and updated on the care plan. 5.2 Identify the emotional needs of the person and their carer, family and others affected when a death occurs and provide the necessary support or referrals according to organisational policies and procedures. 5.3 Prepare the person, carer, family, colleagues and self for any distressing end-of-life events within scope of own job role.</p>

6. Identify and manage emotional responses in self and others.	6.1 Identify and reflect on own emotional responses to death and dying and raise and discuss any issues with supervisor or other appropriate person. 6.2 Observe the impact of the person's end-of-life decisions, needs and issues on carer and family and provide support as needed. 6.3 Inform carer, family, colleagues and others about support systems and bereavement care available. 6.4 Follow organisational policies and procedures in relation to emotional welfare of self, colleagues, the person, carer and family. 6.5 Identify strategies and resources available for debriefing and assist colleagues to debrief. 6.6 Evaluate effectiveness of emotional response strategies.
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FOUNDATION SKILLS	
<i>Foundation skills essential to performance are explicit in the Performance Criteria of this unit of competency.</i>	
UNIT MAPPING INFORMATION	CHCPAL002 Plan for and provide care services using a palliative approach.
LINKS	Companion Volume Implementation Guide

TITLE	Assessment Requirements for CHCPAL004 Plan for care services using a palliative approach
PERFORMANCE EVIDENCE	<p>Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:</p> <ul style="list-style-type: none"> ■ assist in developing and implementing at least one care plan using a palliative approach, including: <ul style="list-style-type: none"> ○ communicating effectively and empathetically with the person, their carer and family ○ demonstrating respect for the person's needs and preferences ○ planning and documenting strategies agreed in consultation with the person, their carer and family ○ providing information about support or bereavement support services as required ■ reflect on own emotional responses to death and dying and discuss with supervisor on at least one occasion.

KNOWLEDGE EVIDENCE	<p>Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:</p> <ul style="list-style-type: none"> ■ relevant policies, protocols and practices of the organisation in relation to the provision of both a palliative approach and palliative care ■ common life-limiting illnesses ■ emotional impact of diagnosis of life-limiting illness ■ principles of the palliative approach to care of people and their family ■ differences between curative and palliative approaches in contributing to individual care planning ■ cultural and spiritual considerations in relation to palliative care ■ specialist palliative care ■ palliative care and dementia ■ palliative approach for children and young people ■ impact of loss and grief on people, carer and workers and the risk of depression ■ legal and ethical considerations for working in palliative care and advance care directives, including: <ul style="list-style-type: none"> ○ dignity of risk ○ duty of care ○ human rights ○ privacy, confidentiality and disclosure ○ specific jurisdictional legislation on advance care planning and advance care directives as it applies to the work role ○ work role boundaries, responsibilities and limitations ■ pain management and strategies to maximise comfort ■ hydration and nutrition requirements during a palliative approach and at end-of-life ■ signs of imminent death and deterioration.
ASSESSMENT CONDITIONS	<p>Skills must be demonstrated in the workplace or in a simulated environment that reflects workplace conditions.</p> <p>Assessment must ensure access to:</p> <ul style="list-style-type: none"> ■ facilities, equipment and resources that reflect real working conditions and model industry operating conditions and contingencies ■ organisational policies and procedures ■ palliative care plans ■ equipment and resources outlined in palliative care plans ■ opportunities for engagement with people in palliative care or people who participate in simulations and scenarios that involve provision of palliative care in a range of contexts. <p>Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.</p>
LINKS	Companion Volume Implementation Guide