

UNIT CODE	CHCAGE008
UNIT TITLE	Implement falls prevention strategies
APPLICATION	<p>This unit describes the performance outcomes, skills and knowledge required to work in partnership with people and their carer to implement strategies to minimise the risk of falls.</p> <p>This unit applies to support workers in a residential or community context. Work performed requires some discretion and judgement and may be carried out under direct or indirect supervision.</p> <p>The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian standards and industry codes of practice.</p> <p>No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.</p>
PREREQUISITE UNIT	CHCAGE007 Recognise and report risk of falls
COMPETENCY FIELD	Nil
UNIT SECTOR	Aged Care

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Prepare to implement falls prevention strategies.	<p>1.1 Discuss the person's concerns about falling and how they have coped with previous falls in a manner respectful of their privacy and dignity.</p> <p>1.2 Discuss requirement for the support of carer according to the person's needs.</p> <p>1.3 Collaborate with the person to identify and explore lifestyle, health and mobility factors that might affect their level of risk of falls.</p> <p>1.4 Determine the person's physical indicators of risk of falls using appropriate tools and methodologies within scope of own job role.</p> <p>1.5 Confirm the person's risk factors based on findings, in collaboration with relevant health professional.</p> <p>1.6 Determine strategies which can be implemented within scope of own role and confirm with relevant health professional.</p>

2. Implement falls prevention strategies.	<p>2.1 Explain options to minimise the risk of falls to the person and their carer, respecting their level of understanding and cultural background and the needs and rights of the person.</p> <p>2.2 Provide opportunities for the person and their carer to contribute and ask questions.</p> <p>2.3 Work with the person and their carer to identify and implement strategies that are consistent with the person's safety needs, priorities, preferences and individual requirements.</p> <p>2.4 Implement strategies in a safe and effective manner that minimises the person's discomfort.</p> <p>2.5 Identify and support the person's use of assistive technologies in meeting their individual needs.</p> <p>2.6 Identify needs, issues and concerns of the person that are outside scope of practice and refer to relevant health professional, according to organisational policies and procedures.</p> <p>2.7 In collaboration with the person and their carer, decide how strategies can be tested and how success will be measured and documented.</p>
3. Monitor falls prevention strategies.	<p>3.1 Work with the person and their carer to review and measure the outcomes of falls prevention strategies.</p> <p>3.2 Identify successful strategies in collaboration with the person and document according to organisational policies and procedures.</p> <p>3.3 Identify and record when and why strategies are not having the desired result and any indicators of increased risk.</p> <p>3.4 Consult with the person to identify gaps in assistive technology needs and report according to organisational policies and procedures.</p> <p>3.5 Determine future strategies and actions including referral to other services in consultation with the person, carer and relevant health professional.</p> <p>3.6 Complete and store documentation and reports according to organisational policies and procedures.</p>

FOUNDATION SKILLS	
<i>Foundation skills essential to performance are explicit in the Performance Criteria of this unit of competency.</i>	
UNIT MAPPING INFORMATION	CHCAGE002 Implement falls prevention strategies.
LINKS	Companion Volume Implementation Guide

TITLE	Assessment Requirements for CHCAGE008 Implement falls prevention strategies
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PERFORMANCE EVIDENCE	<p>Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:</p> <ul style="list-style-type: none"> ■ identified and implemented falls prevention strategies for at least two people and monitored and evaluated those strategies in a collaborative, positive and respectful manner.
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KNOWLEDGE EVIDENCE	<p>Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:</p> <ul style="list-style-type: none"> ■ the ageing process and how it might affect the risk of falls ■ factors contributing to the risk of falls and their impact on people and their carer ■ how to recognise a change in the person's normal posture, gait and balance ■ medical causes of falls, and how to recognise signs of those causes ■ the physical and psychological effects of falls on people and their carer ■ falls prevention strategies and methods of adjusting to meet individual needs ■ techniques to evaluate the success of falls prevention strategies and indicators of when a strategy should be halted ■ communication practices for working with people that promote respect and empowerment ■ scope and breadth of assistive technologies used across the life domains, including but not limited to: <ul style="list-style-type: none"> ○ self-care ○ continence and hygiene ○ communication ○ mobility and transferring ○ cognition and memory loss ○ vision and hearing ○ daily living activities ○ recreation and leisure ○ education and employment ○ home and other environments ○ eating and drinking ○ pressure management ○ carer support ■ role of assistive technologies in supporting a person's life activities: <ul style="list-style-type: none"> ○ maintaining and promoting independence ○ enabling inclusion and participation ■ legal and ethical considerations and organisational policies and procedures for working with people, including: <ul style="list-style-type: none"> ○ duty of care ○ dignity of risk ○ human rights ○ privacy, confidentiality and disclosure ○ work health and safety ■ organisational policies and procedures for: <ul style="list-style-type: none"> ○ documentation, including the importance of accurate, objective and appropriately detailed records ○ storage of information ○ referrals.
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ASSESSMENT CONDITIONS	<p>Skills must have been demonstrated in the workplace, with the addition of simulations and scenarios where the full range of contexts and situations have not been provided in the workplace.</p> <p>These are situations relating to emergency or unplanned procedures where assessment in these circumstances would be unsafe, impractical or threatens the dignity of the person.</p> <p>Assessment must ensure access to:</p> <ul style="list-style-type: none"> ■ facilities, equipment and resources relating to falls prevention that are used within the workplace ■ risk assessment tools for falls ■ organisational policies and procedures ■ opportunities for engagement with people and their carer and others involved in service provision. <p>Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.</p>
LINKS	Companion Volume Implementation Guide