

<b>UNIT CODE</b>	<b>HLTAID014</b>
<b>UNIT TITLE</b>	<b>Provide Advanced First Aid</b>
<b>APPLICATION</b>	<p>This unit describes the skills and knowledge required to provide an advanced first aid response to a victim in line with first aid guidelines determined by the Australian Resuscitation Council and other Australian national peak clinical bodies.</p> <p>The unit applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings.</p> <p>Specific licensing/regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/state/territory Work Health and Safety Regulatory Authorities.</p>
<b>PREREQUISITE UNIT</b>	Nil
<b>UNIT SECTOR</b>	First Aid

<b>ELEMENTS</b>	<b>PERFORMANCE CRITERIA</b>
<i>Elements describe the essential outcomes</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Respond to an emergency situation.	1.1 Recognise an emergency situation. 1.2 Ensure safety for self, victim and bystanders. 1.3 Assess the victim and recognise the need for first aid response 1.4 Assess the situation and seek assistance from emergency response services. 1.5 Deploy resources to appropriate locations as required in line with workplace procedures.
2. Apply appropriate first aid procedures.	2.1 Perform cardiopulmonary resuscitation (CPR) in accordance ARC guidelines. 2.2 Provide first aid in accordance with established first aid principles. 2.3 Display respectful behaviour towards victim. 2.4 Obtain consent from victim where possible. 2.5 Use available resources and equipment to make the victim as comfortable as possible. 2.6 Operate first aid and ancillary equipment according to manufacturer's instructions. 2.7 Monitor the victim's condition and respond in accordance with first aid principles.

3. Coordinate first aid activities until arrival of medical assistance.	<p>3.1 Identify available resources required and establish communication links with appropriate personnel, emergency management services or medical assistance as appropriate.</p> <p>3.2 Deploy correct amount of required resources to appropriate locations in an efficient and effective manner to ensure timely treatment of victims.</p> <p>3.3 Document the provision of resources and recommend modifications as required.</p> <p>3.4 Monitor the condition of victims in accordance with first aid principles and workplace procedures.</p> <p>3.5 Coordinate evacuation of victims according to relevant evacuation procedures.</p>
4. Communicate details of the incident.	<p>4.1 Accurately convey incident details to emergency response services.</p> <p>4.2 Report details of incident in line with workplace procedures.</p> <p>4.3 Complete relevant workplace documentation, including incident report form.</p> <p>4.4 Maintain privacy and confidentiality of information in line with statutory and/or organisational policies.</p>
5. Evaluate the incident and own performance.	<p>5.1 Recognise the possible psychological impacts on self and other rescuers and seek help when required.</p> <p>5.2 Review the first aid response provided.</p> <p>5.3 Arrange support services for personnel involved in the incident in accordance with relevant principles and procedures.</p> <p>5.4 Review contingency planning to identify and select alternative management principles and procedures as required.</p>

**FOUNDATION SKILLS**

*Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.*

<b>UNIT MAPPING INFORMATION</b>	No equivalent unit.
<b>LINKS</b>	Companion Volume Implementation Guide

<b>TITLE</b>	<b>Assessment Requirements for HLTAID014 Provide Advanced first aid</b>
<b>PERFORMANCE EVIDENCE</b>	<p>Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role.</p> <p>There must be evidence that the candidate has completed the following tasks in line with state/territory regulations, first aid codes of practice, first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies and workplace procedures:</p>

- followed DRSABCD in line with ARC guidelines, including:
  - managed the unconscious, breathing victim including appropriate positioning to reduce the risk of airway compromise
  - Performed at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult or child resuscitation manikin placed on the floor
  - performed at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface
  - performed at least 2 minutes of Bag-valve-mask ventilation and at least 2 minutes of compression during a two rescuer procedure on an adult resuscitation manikin placed on the floor
  - responded appropriately in the event of regurgitation or vomiting
  - demonstrated a rotation of operators with minimal interruptions to compressions
  - followed the prompts of an Automated External Defibrillator (AED) to deliver at least one shock
  - show respectful behaviour towards the victim
- applied first aid procedures for the following:
  - Anaphylaxis
  - asthma
  - bleeding
  - choking
  - envenomation, using pressure immobilisation
  - fractures, dislocations, sprains and strains, using appropriate immobilisation techniques
  - head, neck and spinal injuries
  - major haemorrhage control including use of tourniquets and haemostatic dressings
  - medical shock
  - Minor wound cleaning and dressing
  - Nose bleed
- conducted a secondary survey assessment of a victim
- assessed vital signs (respirations, pulse, temperature and level of consciousness)
- conducted a basic triage for multiple victim incident
- communicated effectively with a first aid team providing direction and coordination of other first aiders
- moved a victim using suitable extraction method and/or device and safe manual handling techniques
- responded to at least four simulated first aid scenarios contextualised to the candidate's workplace/community setting, including:
  - one simulated scenario dealing with an unconscious, breathing victim
  - one simulated scenario dealing with an unconscious, non-breathing victim including the use of an AED.
  - One simulated scenario dealing with a medical condition including the use of standard infection control precautions
  - One simulated scenario dealing with a trauma condition including the use of standard infection control precautions
- provided at least one accurate written report of an incident (from simulated scenarios)
- Demonstrated effective use of resources
- Demonstrated effective planning techniques.

<b>KNOWLEDGE EVIDENCE</b>	<p>Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:</p> <ul style="list-style-type: none"> <li>■ Guidelines and procedures including: <ul style="list-style-type: none"> <li>◦ ARC Guidelines relevant to the provision of first aid</li> <li>◦ First aid guidelines from Australian national peak clinical bodies</li> <li>◦ Identifying potential incident hazards and minimise risks when providing first aid</li> <li>◦ infection control procedures, including use of standard precautions and resuscitation barrier devices</li> <li>◦ requirements for currency of skill and knowledge</li> <li>◦ first aid codes of practice</li> <li>◦ workplace procedures relevant to the provision of first aid</li> <li>◦ safe manual handling techniques used to avoid injury when moving victims</li> </ul> </li> <li>■ legal, workplace and community considerations including: <ul style="list-style-type: none"> <li>◦ duty of care requirements</li> <li>◦ own skills and limitations</li> <li>◦ consent and how it relates to the conscious and unconscious victim</li> <li>◦ privacy and confidentiality requirements</li> <li>◦ awareness of potential need for stress management techniques and available support for rescuers</li> <li>◦ legal requirements of administration of medication and the rights and responsibilities of the first aider in the workplace regarding medication</li> </ul> </li> <li>■ Considerations when providing CPR, including: <ul style="list-style-type: none"> <li>◦ Upper airway and effect of positional change</li> <li>◦ appropriate duration and cessation of CPR</li> <li>◦ appropriate use of an AED</li> <li>◦ Safety and maintenance procedures for an AED</li> <li>◦ chain of survival</li> <li>◦ how to access emergency response services</li> </ul> </li> <li>■ Techniques for providing CPR to adults, children and infants including: <ul style="list-style-type: none"> <li>◦ How to recognise that a victim is unresponsive and not breathing normally</li> <li>◦ Rate, ratio and depth of compressions/ventilations</li> <li>◦ Correct hand positioning for compressions</li> <li>◦ Basic anatomy, physiology and the differences between adults, children and infants relating to CPR</li> </ul> </li> <li>■ Considerations when providing first aid, including: <ul style="list-style-type: none"> <li>◦ Assessment, interpretation and documentation of vital signs, including respirations, temperature, pulse and level of consciousness, including normal clinical values</li> <li>◦ How to conduct a secondary assessment of a victim</li> <li>◦ Basic triage processes</li> <li>◦ Procedures for dealing with victims who are aged or infirmed</li> <li>◦ Procedures for first aid management when dealing with major and minor accidents in the workplace</li> <li>◦ Procedures when providing first aid to children</li> <li>◦ Utilisation of ancillary first aid equipment</li> <li>◦ Co-ordination of resources</li> </ul> </li> <li>■ Signs, symptoms and management of the following conditions/injuries: <ul style="list-style-type: none"> <li>◦ abdominal injuries</li> <li>◦ allergic reaction</li> <li>◦ anaphylaxis</li> <li>◦ asthma</li> <li>◦ bleeding</li> <li>◦ burns</li> <li>◦ cardiac conditions, including chest pain</li> </ul> </li> </ul>
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|  | <ul style="list-style-type: none"><li>◦ childbirth</li><li>◦ choking</li><li>◦ crush injuries</li><li>◦ diabetes</li><li>◦ ear injuries</li><li>◦ envenomation (all current treatments)</li><li>◦ eye injuries</li><li>◦ fractures, dislocations, strains and sprains</li><li>◦ head, neck and spinal injuries</li><li>◦ hypothermia</li><li>◦ hyperthermia</li><li>◦ major haemorrhage control including use of tourniquets and haemostatic dressings</li><li>◦ medical shock</li><li>◦ needle stick injuries</li><li>◦ nose bleed</li><li>◦ poisoning</li><li>◦ seizures</li><li>◦ stroke</li><li>◦ substance misuse, including common drugs and alcohol, including illicit drugs</li><li>◦ wounds.</li></ul> |
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<b>ASSESSMENT CONDITIONS</b>	<p>Skills must be demonstrated working individually in an environment that provides realistic in-depth, industry-validated scenarios and simulations to assess candidates' skills and knowledge.</p> <p>Due to the nature of this type of training, it is acceptable for the performance evidence to be collected in a simulated environment.</p> <p>Compression and ventilation skills must be demonstrated on resuscitation manikins in line with ARC guidelines for the purpose of assessment of CPR procedures.</p> <p>Assessment must ensure access to:</p> <ul style="list-style-type: none"> <li>■ adult or child resuscitation manikins in line with ARC guidelines for the purpose of assessment of CPR procedures</li> <li>■ infant resuscitation manikins in line with ARC Guidelines for the purpose of assessment of CPR procedures</li> <li>■ adrenaline auto-injector training device</li> <li>■ AED training device</li> <li>■ Bag-valve mask</li> <li>■ haemostatic dressings</li> <li>■ haemostatic wound packing trainer</li> <li>■ placebo bronchodilator and spacer device</li> <li>■ thermometers</li> <li>■ tourniquets</li> <li>■ tourniquet trainer</li> <li>■ different types of wound dressings and bandages</li> <li>■ blankets and items to make the victim comfortable</li> <li>■ disposable gloves and other PPE as required</li> <li>■ workplace injury, trauma and/or illness record, or other appropriate workplace incident report form, which includes space for recording vital signs of victims.</li> </ul> <p>Simulated assessment environments must simulate the real-life working environment where these skills and knowledge would be performed, with all the relevant equipment and resources of that working environment.</p> <p>Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.</p>
<b>LINKS</b>	Companion Volume Implementation Guide