

UNIT CODE	HLTAHA030
UNIT TITLE	Assist with basic foot hygiene
APPLICATION	<p>This unit describes the skills and knowledge required to provide assistance to an allied health professional. Work includes foot hygiene, including skin and nail care and applying dressings, padding and cushioning.</p> <p>This unit applies to allied health assistants and should be performed under the direct, indirect or remote supervision and delegation of an Allied Health Professional (AHP).</p> <p>The skills in this unit must be applied in accordance with Allied Health Assistant Framework, Commonwealth and State/Territory legislation, Australian standards and industry codes of practice.</p> <p>No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication</p>
PREREQUISITE UNIT	Nil
COMPETENCY FIELD	Allied Health
UNIT SECTOR	Health

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Receive delegation and gather information.	1.1 Obtain written or verbal delegation for an allied health activity from the allied health professional. 1.2 Obtain information from relevant sources and delegating allied health professional, according to organisational policy and procedures. 1.3 Discuss and confirm with delegating allied health professional treatment plans and programs.

2. Prepare for basic foot hygiene.	<p>2.1 Obtain information according to organisation procedures and delegating allied health professional.</p> <p>2.2 Determine persons availability according to organisation protocols.</p> <p>2.3 Check resources and equipment required for therapy program to ensure suitability, cleanliness and working order.</p> <p>2.4 Undertake steps to meet organisational infection control requirements.</p> <p>2.5 Prepare for basic foot hygiene under delegation of podiatrist to comply with legislation, regulatory and organisation/practice requirements.</p>
3. Perform basic foot hygiene.	<p>3.1 Provide information to person regarding foot hygiene session.</p> <p>3.2 Confirm the person's understanding of the purpose, rationale and requirements of each part of the foot hygiene session.</p> <p>3.3 Identify and report to podiatrist conditions indicating the person is at high risk.</p> <p>3.4 Assist person in and out of any shoes, socks or hosiery complying with organisational Occupational Health and Safety standards.</p> <p>3.5 Position the person in preparation to foot hygiene session.</p> <p>3.6 Perform basic foot hygiene according to the delegation of the podiatrist and using infection control precautions, especially in relation to air borne particles.</p>
4. Apply padding and cushioning as delegated by the supervising podiatrist.	<p>4.1 Explain the purpose and rationale of the dressing, padding or cushioning and confirm person's understanding.</p> <p>4.2 Correctly position the person, complying with occupational health and safety protocols.</p> <p>4.3 Apply padding and cushioning according to delegation of podiatrist.</p> <p>4.4 Apply delegated dressings to any skin breaks which might result from treatment.</p> <p>4.5 Dispose of used padding and cushioning according to infection control protocols.</p> <p>4.6 Provide feedback that reinforces the podiatrist's advice.</p> <p>4.7 Identify persons compliance issues and seek assistance when presented with issues outside limits of scope of practice or report to podiatrist.</p> <p>4.8 Work with person to determine and plan any follow up requirements and dates.</p>
5. Comply with supervisory requirements.	<p>5.1 Provide podiatry assistance according to the delegation of treating podiatrist.</p> <p>5.2 Provide feedback regarding persons progress to the treating podiatrist.</p> <p>5.3 Report persons difficulties and concerns to the treating podiatrist.</p> <p>5.4 Implement variations to the podiatry care according to the delegation of the treating podiatrist.</p>
6. Clean and store equipment.	<p>6.1 Dispose of biological waste material according to organisational guidelines and infection control requirements.</p> <p>6.2 Prepare reusable equipment for sterilisation according to manufacturer and organisational requirements.</p> <p>6.3 Store equipment according to manufacturer's instructions and organisational protocols.</p> <p>6.4 Report equipment faults according to organisational procedures.</p>

7. Document persons information.	7.1 Document occasion of basic foot hygiene according to organisational requirements. 7.2 Use medical terminology and abbreviations to document symptomatic expression of identified problems.
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FOUNDATION SKILLS	
<i>Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.</i>	
SKILLS	DESCRIPTION
Reading skills to:	■
Writing skills to:	■
Oral communication skills to:	■
Numeracy skills to:	■
Learning skills to:	■
Problem-solving skills to:	■
Initiative and enterprise skills to:	■
Teamwork skills to:	■
Planning and organising skills to:	■
Self-management skills to:	■
Technology skills to:	■

UNIT MAPPING INFORMATION	No equivalent unit.
LINKS	Companion Volume Implementation Guide

TITLE	Assessment Requirements for HLTAHA030 Assist with basic foot hygiene
PERFORMANCE EVIDENCE	<p>Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:</p> <ul style="list-style-type: none"> ■ assist with basic foot hygiene using podiatry equipment across both community and bed-based settings to at least three people, one in a simulated environment and two in the workplace, this must include: <ul style="list-style-type: none"> ○ cutting and filing nails ○ electrical equipment, including an electric drill ○ identifying pathological nail and skin conditions ○ applying medicaments, including: <ul style="list-style-type: none"> ● emollients ● astringents ● moisturisers ● antiseptics ■ apply padding and cushioning to at least 3 different conditions ■ apply wound dressings to at least 3 different conditions, including: <ul style="list-style-type: none"> ● simple wound ● wound dressing for an iatrogenic wound ■ perform the activities outlined in the performance criteria of this unit during a period of at least 120 hours of work.

KNOWLEDGE EVIDENCE	<p>Demonstrate the knowledge required to complete the tasks outlined in elements and performance criteria of this unit:</p> <ul style="list-style-type: none"> ■ protocols for the escalation of risks ■ allied health core competencies: <ul style="list-style-type: none"> ○ person-centred care ○ individual therapy ○ group therapy ○ communication of person information ○ equipment and environment ■ treatment plans or foot care plan ■ goals and limitations of podiatry intervention and variations in podiatry conditions ■ basic anatomy and physiology of the foot, including medical terminology, structure and functioning of the skin and integuments, and basic understanding of foot pathology ■ the function of medicaments: <ul style="list-style-type: none"> ○ emollients ○ astringents ○ moisturisers ○ antiseptics ■ principles and protocols of: <ul style="list-style-type: none"> ○ aseptic technique ○ foot hygiene ■ organisation policy and procedures in relation to: <ul style="list-style-type: none"> ○ confidentiality ○ documentation <ul style="list-style-type: none"> ● reporting ● recording patient data
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	<ul style="list-style-type: none"> • written communication to Allied Health Professional ◦ professional behaviour and presentation ◦ infection control practices ◦ occupational health and safety ◦ manual handling ◦ supervisory, delegation ■ legal and ethical considerations relevant to allied health: <ul style="list-style-type: none"> ◦ privacy, confidentiality and disclosure ◦ duty of care ■ scope of practice of the Allied Health Assistant and Allied Health Professional ■ principles of empowering the older person ■ principles of empowering people living with disability or serious mental illness ■ changes related to ageing ■ concepts of holistic health and wellbeing ■ social determinants of health ■ concepts of the medical model, the biopsychosocial models and the human rights based approach of allied health interventions ■ principles of choice and control ■ concept of reablement ■ allied health settings: <ul style="list-style-type: none"> ◦ hospital ◦ community health ◦ mental health ◦ disability sector ◦ aged care sectors.
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ASSESSMENT CONDITIONS	<p>Skills must be demonstrated in the workplace or in a simulated environment. All aspects of the performance evidence must have been demonstrated using simulation prior to being demonstrated in the workplace.</p> <p>Assessment must ensure:</p> <ul style="list-style-type: none">■ access to suitable facilities, equipment and resources that reflect real working conditions and model industry operating conditions and contingencies■ access to individualised plans and any relevant equipment outlined in the plan■ podiatry instruments, products and electrical equipment including:<ul style="list-style-type: none">○ wound dressings○ padding and cushioning○ medicaments○ electric drill■ access to organisational policies and procedures■ opportunities for engagement with real people accessing allied health services. <p>Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors and be an allied health assistant with a minimum of three years of professional experience in allied health services or a recognised Allied Health Professional.</p>
LINKS	Companion Volume Implementation Guide