

UNIT CODE	HLTAHA033
UNIT TITLE	Conduct group sessions for individual outcomes
APPLICATION	<p>This unit describes the skills and knowledge required to provide assistance to an allied health professional. Work includes planning, preparing and implementing group activities to meet individual outcomes.</p> <p>This unit applies to allied health assistants and should be performed under the direct, indirect or remote supervision and delegation of an Allied Health Professional (AHP).</p> <p>The skills in this unit must be applied in accordance with Allied Health Assistant Framework, Commonwealth and State/Territory legislation, Australian standards and industry codes of practice.</p> <p>No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication</p>
PREREQUISITE UNIT	Nil
COMPETENCY FIELD	Allied Health
UNIT SECTOR	Health

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Receive delegation and gather information.	1.1 Obtain written or verbal delegation for an allied health activity from the allied health professional. 1.2 Obtain information from relevant sources and delegating allied health professional, according to organisational policy and procedures. 1.3 Discuss and confirm with delegating allied health professional treatment plans and programs.
2. Plan for group sessions.	2.1 Identify requirements outside scope of role and responsibilities as defined by the organisation and discuss with delegating allied health professional. 2.2 Identify and confirm impact of the program's contribution to the persons overall plan of care. 2.3 Confirm person's availability and ability to participate in the program in accordance with organisational procedures.

3. Assist with the development of group sessions.	<p>3.1 Assist group activities that are consistent with individuals needs and physical abilities and limitations.</p> <p>3.2 Assist group activities that are consistent with the interests, preferences and religious beliefs of the individual.</p> <p>3.3 Assist group activities with consideration of the persons' pace and timing requirements.</p> <p>3.4 Assist group activities according to the size and composition of the group and availability of equipment and resources.</p> <p>3.5 Assist group session to maximize the involvement of all group members.</p> <p>3.6 Establish a balance between tasks to be accomplished and the group process.</p> <p>3.7 Identify possible risk to successful group activities and adjust plan to minimise risk.</p> <p>3.8 Confirm group session plan with delegating allied health professional.</p> <p>3.9 Gather and prepare materials and equipment required for the group session and check for safety and suitability.</p>
4. Conduct group activity.	<p>4.1 Arrange the environment and discuss the group activity to encourage full participation by all group members.</p> <p>4.2 Seek agreement on the purpose, process and intended outcomes of the group activity with the group.</p> <p>4.3 Work with the group to establish ground rules and provide each group member with the necessary information, materials and support to participate in the group activity.</p> <p>4.4 Communicate with persons in a manner that promotes co-operation, dignity and self-esteem.</p> <p>4.5 Identify and manage potential conflict within the group to ensure ongoing involvement of individuals in group activities.</p> <p>4.6 Monitor persons progress and provide constructive feedback.</p> <p>4.7 Follow process and directions to evaluate outcomes of the group session.</p>
5. Comply with supervisory requirements.	<p>5.1 Seek assistance when person presents with needs or signs outside scope of role.</p> <p>5.2 Report persons difficulties to the delegating allied health professional before continuing the program.</p> <p>5.3 Participate in supervision processes with the delegating allied health professional in accordance with organisational procedures.</p>
6. Clean and store equipment and materials.	<p>6.1 Clean equipment and materials in accordance with manufacturers requirements.</p> <p>6.2 Store equipment and materials in accordance with manufacturers requirements and organisational procedures.</p> <p>6.3 Report equipment faults as to organisational procedures.</p>
7. Document persons information.	<p>7.1 Document information relating to the program in line with organisational procedures.</p> <p>7.2 Provide regular feedback to the supervising allied health professional for each person.</p> <p>7.3 Document symptomatic expression of identified problems related to group activities to the delegating allied health professional.</p>

FOUNDATION SKILLS	
<i>Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.</i>	
SKILLS	DESCRIPTION
Reading skills to:	■
Writing skills to:	■
Oral communication skills to:	■
Numeracy skills to:	■
Learning skills to:	■
Problem-solving skills to:	■
Initiative and enterprise skills to:	■
Teamwork skills to:	■
Planning and organising skills to:	■
Self-management skills to:	■
Technology skills to:	■

UNIT MAPPING INFORMATION	No equivalent unit.
LINKS	Companion Volume Implementation Guide

TITLE	Assessment Requirements for HLTAHA033 Conduct group sessions for individual outcomes
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PERFORMANCE EVIDENCE	<p>Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:</p> <ul style="list-style-type: none">■ plan and conduct three group sessions, one in a simulation and two in the workplace, to meet a range of individual outcomes■ undertake an evaluation process in relation to one of the group sessions in the workplace■ perform the activities outlined in the performance criteria of this unit during a period of at least 120 hours of work.
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KNOWLEDGE EVIDENCE	<p>Demonstrate the knowledge required to complete the tasks outlined in elements and performance criteria of this unit:</p> <ul style="list-style-type: none"> ■ protocols for escalation of risks ■ allied health core competencies: <ul style="list-style-type: none"> ○ person-centred care ○ individual therapy ○ group therapy ○ communication of person information ○ equipment and environment ■ principles of group dynamics and the nature of group learning ■ factors that affect behaviour in groups ■ group roles, leadership and facilitator techniques ■ organisation policy and procedures in relation to: <ul style="list-style-type: none"> ○ confidentiality ○ documentation <ul style="list-style-type: none"> ● reporting ● recording patient data ● written communication to Allied Health Professional ○ professional behaviour and presentation ○ infection control practices ○ occupational health and safety ○ manual handling ○ supervisory, delegation ■ legal and ethical considerations relevant to allied health: <ul style="list-style-type: none"> ○ privacy, confidentiality and disclosure ○ duty of care ○ discrimination ○ human rights ■ work role boundaries, responsibilities and limitations including when and how to provide feedback about person ■ principles of empowering the older person ■ principles of empowering people living with disability or serious mental illness ■ changes related to ageing ■ concepts of holistic health and wellbeing ■ social determinants of health. ■ concepts of the medical model, the biopsychosocial models and the human rights based approach of allied health interventions ■ principles of choice and control ■ concept of reablement ■ allied health settings: <ul style="list-style-type: none"> ○ hospital ○ community health ○ mental health ○ disability sector ○ aged care sectors.
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ASSESSMENT CONDITIONS	<p>Skills must be demonstrated in the workplace or in a simulated environment. All aspects of the performance evidence must have been demonstrated using simulation prior to being demonstrated in the workplace.</p> <p>Assessment must ensure:</p> <ul style="list-style-type: none">■ access to suitable facilities, equipment and resources that reflect real working conditions and model industry operating conditions and contingencies■ access to individualised plans and any relevant equipment outlined in the plan■ access to organisational policies and procedures■ opportunities for engagement with real people accessing allied health services. <p>Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors and be an allied health assistant with a minimum of three years of professional experience in allied health services or a recognised Allied Health Professional.</p>
LINKS	Companion Volume Implementation Guide