

UNIT CODE	HLTAID011
UNIT TITLE	Provide First Aid
APPLICATION	<p>This unit describes the skills and knowledge required to provide a first aid response to a victim in line with first aid guidelines determined by the Australian Resuscitation Council and other Australian national peak clinical bodies.</p> <p>The unit applies to all persons who may be required to provide a first aid response in a range of situations, including community and workplace settings.</p> <p>Specific licensing/regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/state/territory Work Health and Safety Regulatory Authorities.</p>
PREREQUISITE UNIT	Nil
UNIT SECTOR	First Aid

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Respond to an emergency situation	1.1 Recognise an emergency situation. 1.2 Ensure safety for self, victim and bystanders. 1.3 Assess the victim and recognise the need for first aid response. 1.4 Assess the situation and seek assistance from emergency. 1.5 response services.
2. Apply appropriate first aid procedures.	1.1 Perform cardiopulmonary resuscitation (CPR) in accordance ARC guidelines. 1.2 Provide first aid in accordance with established first aid principles. 1.3 Display respectful behaviour towards victim. 1.4 Obtain consent from victim where possible. 1.5 Use available resources and equipment to make the victim as comfortable as possible. 1.6 Operate first aid equipment according to manufacturer's instructions. 1.7 Monitor the victim's condition and respond in accordance with first aid principles.

3. Communicate details of the incident.	1.1 Accurately convey incident details to emergency response services. 1.2 Report details of incident in line with workplace procedures. 1.3 Complete relevant workplace documentation, including incident report form. 1.4 Maintain privacy and confidentiality of information in line with statutory and/or organisational policies.
4. Evaluate the incident and own performance.	1.1 Recognise the possible psychological impacts on self and other rescuers and seek help when required 1.2 Review the first aid response provided

FOUNDATION SKILLS

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

UNIT MAPPING INFORMATION	No equivalent unit.
LINKS	Companion Volume Implementation Guide

TITLE	Assessment Requirements for HLTAID011 Provide first aid
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<p>PERFORMANCE EVIDENCE</p>	<p>Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role.</p> <p>There must be evidence that the candidate has completed the following tasks in line with state/territory regulations, first aid codes of practice, first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies and workplace procedures:</p> <ul style="list-style-type: none"> ■ followed DRSABCD in line with ARC guidelines, including: <ul style="list-style-type: none"> ◦ managed the unconscious, breathing victim including appropriate positioning to reduce the risk of airway compromise ◦ Performed at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult or child resuscitation manikin placed on the floor ◦ performed at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface ◦ responded appropriately in the event of regurgitation or vomiting ◦ demonstrated a rotation of operators with minimal interruptions to compressions ◦ followed the prompts of an Automated External Defibrillator (AED) to deliver at least one shock ◦ show respectful behaviour towards the victim ■ Applied first aid procedures for the following: <ul style="list-style-type: none"> ◦ Anaphylaxis ◦ asthma ◦ bleeding ◦ choking ◦ envenomation, using pressure immobilisation ◦ fractures, dislocations, sprains and strains, using appropriate immobilisation techniques ◦ medical shock ◦ minor wound cleaning and dressing ◦ nose bleed ■ Responded to at least four simulated first aid scenarios contextualised to the candidate's workplace/community setting, including: <ul style="list-style-type: none"> ◦ one simulated scenario dealing with an unconscious, breathing victim ◦ one simulated scenario dealing with an unconscious, non-breathing victim including the use of an AED. ◦ One simulated scenario dealing with a medical condition including the use of standard infection control precautions ◦ One simulated scenario dealing with a trauma condition including the use of standard infection control precautions ■ provided at least one accurate written report of an incident.
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KNOWLEDGE EVIDENCE	<p>Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:</p> <ul style="list-style-type: none"> ■ Guidelines and procedures including: <ul style="list-style-type: none"> ○ ARC Guidelines relevant to the provision of first aid ○ First aid guidelines from Australian national peak clinical bodies ○ Identifying potential incident hazards and minimise risks when providing first aid ○ infection control procedures, including use of standard precautions and resuscitation barrier devices ○ requirements for currency of skill and knowledge ○ first aid codes of practice ○ workplace procedures relevant to the provision of first aid ■ legal, workplace and community considerations including: <ul style="list-style-type: none"> ○ duty of care requirements ○ own skills and limitations ○ consent and how it relates to the conscious and unconscious victim ○ privacy and confidentiality requirements ○ awareness of potential need for stress management techniques and available support for rescuers ■ considerations when providing CPR, including: <ul style="list-style-type: none"> ○ Upper airway and effect of positional change ○ appropriate duration and cessation of CPR ○ appropriate use of an AED ○ Safety and maintenance procedures for an AED ○ chain of survival ○ how to access emergency response services ■ techniques for providing CPR to adults, children and infants including: <ul style="list-style-type: none"> ○ How to recognise that a victim is unresponsive and not breathing normally ○ Rate, ratio and depth of compressions/ventilations ○ Correct hand positioning for compressions ○ Basic anatomy, physiology and the differences between adults, children and infants relating to CPR ■ signs, symptoms and management of the following conditions/injuries: <ul style="list-style-type: none"> ○ allergic reaction ○ anaphylaxis ○ asthma ○ bleeding ○ burns ○ cardiac conditions, including chest pain ○ choking ○ diabetes ○ envenomation (all current treatments) ○ eye injuries ○ fractures, dislocations, strains and sprains ○ head, neck and spinal injuries ○ hypothermia ○ hyperthermia ○ medical shock ○ needle stick injuries ○ nose bleed ○ poisoning ○ seizures ○ stroke ○ wounds.
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ASSESSMENT CONDITIONS	<p>Skills must be demonstrated working individually in an environment that provides realistic in-depth, industry-validated scenarios and simulations to assess candidates' skills and knowledge.</p> <p>Due to the nature of this type of training, it is acceptable for the performance evidence to be collected in a simulated environment.</p> <p>Compression and ventilation skills must be demonstrated on resuscitation manikins in line with ARC guidelines for the purpose of assessment of CPR procedures.</p> <p>Assessment must ensure access to:</p> <ul style="list-style-type: none"> ■ adult or child resuscitation manikins in line with ARC Guidelines for the purpose of assessment of CPR procedures ■ infant resuscitation manikins in line with ARC Guidelines for the purpose of assessment of CPR procedures ■ adrenaline auto-injector training device ■ AED training device ■ placebo bronchodilator and spacer device ■ different types of wound dressings and bandages ■ blankets and items to make the victim comfortable ■ disposable gloves and other PPE as required ■ workplace injury, trauma and/or illness record, or other appropriate workplace incident report form. <p>Simulated assessment environments must simulate the real-life working environment where these skills and knowledge would be performed, with all the relevant equipment and resources of that working environment.</p> <p>Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors; and:</p> <ul style="list-style-type: none"> ■ must hold one of the following or equivalent units: <ul style="list-style-type: none"> ○ HLTAID012 Provide first aid in an education and care setting ○ HLTAID013 Provide first aid in remote situations ○ HLTAID014 Provide Advanced First Aid.
LINKS	Companion Volume Implementation Guide