UNIT CODE	HLTAHA049
UNIT TITLE	Confirm health condition
APPLICATION	This unit describes the skills and knowledge required to confirm health conditions of a person undertaking an intervention or therapy program. Work includes using a basic understanding of the human body to assist in interpreting information about persons health status to promote ways to maintain a healthy functioning of the body.
	This unit applies to allied health assistants and should be performed under the direct, indirect or remote supervision and delegation of an Allied Health Professional (AHP).
	The skills in this unit must be applied in accordance with Allied Health Assistant Framework, Commonwealth and State/Territory legislation, Australian standards and industry codes of practice.
	No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.
PREREQUISITE UNIT	Nil
COMPETENCY FIELD	
UNIT SECTOR	Health

ELEMENTS	PERFORMANCE CRITERIA
Elements describe the essential outcomes	Performance criteria describe the performance needed to demonstrate achievement of the element.
1. Receive delegation and gather information.	<ul> <li>1.1 Obtain written or verbal delegation for an allied health activity from the allied health professional.</li> <li>1.2 Obtain information from relevant sources and delegating allied health professional, according to organisational policy and procedures.</li> <li>1.3 Discuss and confirm with delegating allied health professional minimum health status required by person for participation in therapy or intervention.</li> </ul>

2. Obtain information regarding the person's health status.	2.1 Obtain information regarding the physical health status of the person, through observation, questioning and interpretation of documentation. 2.2 Use and interpret health terminology that describes the normal structure, function and location of the major body systems. 2.3 Use and interpret information that relates to the interrelationships between major components of each body system and other structures. 2.4 Identify factors or issues that may impact on an identified physical condition and report to the delegating supervisor or allied health professional.
3. Assess physical health status and discuss healthy functions of the body.	3.1 Assess persons health status prior to delivery of health intervention by evaluating the relationships between different body systems to support healthy functioning. 3.2 Confirm significance of physical health status with person in relation to required intervention in line with scope of role and organisational policies and procedures. 3.3 Clarify implications and significance of physical health status with person in the case of uncertainty or limits on own scope of role. 3.4 Discus with person factors that contribute to maintenance of a healthy body. 3.5 Enhance quality of work activities by using and sharing information about healthy functioning of the body.
4. Identify variations from normal physical health status.	<ul> <li>4.1 Identify variations from normal health status in consultation with allied health professional.</li> <li>4.2 Identify potential risk factors responsible for variation or significant variations from normal health status.</li> <li>4.3 Refer variations to allied health professional in accordance with organisational policies and procedures.</li> </ul>

## Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement. SKILLS DESCRIPTION

SKILLS	DESCRIPTION
Reading skills to:	■ interpret health terminology used in documentation.
Writing skills to:	•
Oral communication skills to:	•
Numeracy skills to:	
Learning skills to:	
Problem-solving skills to:	•

**FOUNDATION SKILLS** 

Initiative and enterprise skills to:	
Teamwork skills to:	•
Planning and organising skills to:	
Self-management skills to:	
Technology skills to:	
UNIT MAPPING INFORMATION	No equivalent unit.
LINKS	Companion Volume Implementation Guide

TITLE	Assessment Requirements for HLTAHA049 Confirm health condition
PERFORMANCE EVIDENCE	Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:
	<ul> <li>obtain, interpret and use knowledge of the human body and healthy functioning in the workplace or in simulation to:</li> <li>assess health conditions of at least two different people presenting with different conditions</li> <li>provide information to the person and the delegating health professional in at least two different situations.</li> </ul>
	<ul> <li>The above activities must be performed during a period of at least 120 hours of work in a health services setting</li> </ul>

## **KNOWLEDGE EVIDENCE** Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit: purpose of anatomy and physiology in allied health assistant practice: o basic anatomical and physiological aspects of therapy activity o processes for providing feedback before, during and on completion of delegated therapy activity o processes for communicating effectively with treating health professionals health information and related terminology o role of delegation, process for delegation of tasks and impact on scope of role anatomy and physiology relating to allied health disciplines organisation of the cells, tissues and organs basic structure and functions of the body systems and associated components, including:

- cardiovascular system
- respiratory system
- musculo-skeletal system
- endocrine system
- gastrointestinal system
- urinary system
- reproductive system
- integumentary system
- lymphatic system
- nervous system
- o immune system
- principles of homeostasis and the relationship between homeostatic imbalance and disease
- interaction between body systems to maintain homeostasis
- common examples of homeostasis including:
  - maintenance of normal body temperature
  - fluid and electrolyte balance
  - elimination of wastes
  - maintenance of normal blood pressure levels
  - maintenance of normal blood glucose levels
- common measures of a person's health status including:
  - body temperature
  - pulse rate
  - respiration rate
  - blood pressure
  - blood glucose levels
- anatomical terms of location:
  - medial and lateral
  - anterior and posterior
  - superior and inferior
  - proximal and distal
  - superficial and deep
- common conditions and illnesses on body systems including:
  - o type 2 diabetes
  - cardiovascular diseases
  - musculoskeletal conditions
  - obesity
- common screening and assessment tools used in allied health therapy to determine health, wellbeing and function
- impact of ageing on body systems
- disability & physical health
- mental health issues & physical health
- credible sources of information about human anatomy and physiology and common health issues.

## ASSESSMENT CONDITIONS Skills must be demonstrated in the workplace or in a simulated environment. All aspects of the performance evidence must have been demonstrated using simulation prior to being demonstrated in the workplace. Assessment must ensure: access to suitable facilities, equipment and resources that reflect real working conditions and model industry operating conditions and contingencies • access to individualised plans and any relevant equipment outlined in the access to organisational policies and procedures • opportunities for engagement with real people accessing allied health services. Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors and be an allied health assistant with a minimum of three years of professional experience in allied health services or a recognised Allied Health Professional. LINKS Companion Volume Implementation Guide